Template: Needs

And Access Rider

About You

|  |  |
| --- | --- |
| Full name |  |
| I prefer to be called |  |
| Pronouns |  |
| The things I need  in order for me to  work at my best are: |  |



How I Do Things

|  |  |
| --- | --- |
| I prefer communicating  in these ways: |  |
| I am motived by: |  |

How to Get the Best Out of Me

|  |  |
| --- | --- |
| The ways you can  check in with me are: |  |
| The best way to  give me feedback is |  |
| When I’m stressed  the best ways to  support me are |  |



Challenges and Barriers

|  |  |
| --- | --- |
| Some of my triggers are: |  |
| The things which  prevent me from  doing my best are: |  |
| Some access barriers  that I experience are: |  |
| Some signs that I am dealing with stress are: |  |

Medical Information (Optional)

|  |  |
| --- | --- |
| Condition(s) |  |
| Description(s) |  |
| Medication |  |
| Further details  about my condition(s)  I want to share: |  |
| Other information  about me that I would  like the team to know: |  |
| Additional access requirements: |  |

Travel

|  |  |
| --- | --- |
| When I am on  placement, this is  how I will get to work: |  |
| If I have to travel as  part of the placement,  I prefer to use these methods of transport: |  |
| I am happy to  travel by myself  (please choose yes or no) | Yes No |

Working Environment

|  |  |
| --- | --- |
| To feel more comfortable when working, I need: |  |
| I will find the following environments/spaces challenging: |  |

Emergency Contacts

|  |  |
| --- | --- |
| Name |  |
| Telephone |  |
| Email |  |

|  |  |
| --- | --- |
| Name |  |
| Telephone |  |
| Email |  |