

Guidance: How Dance can Support your School's Artsmark Journey



Introduction

This guidance has been developed to help schools see how dance can support their Artsmark planning and how to use the Artsmark process to improve, increase or develop their dance provision.

Dance is a mandatory part of the PE Curriculum for Key Stage 1 to 3 and a discrete subject available for study at Key Stage 4 & 5.

High quality dance provision in school can:

- Enable achievement by young people with a kinaesthetic learning preference
- Increase levels of physical activity, particularly in those who are less engaged in competitive sport
- Provide opportunities for young people to develop their leadership, team-working, negotiation and communication skills
- Build confidence, resilience and self-esteem among students
- Contribute to improving behaviour and reducing bullying and absentee rates
- Provide purposeful extra-curricular activity, popular with young people
- Promote cross-curricular learning
- Build links with feeder schools through shared performances and workshops
- Provide a specialism in which a school may take a lead role within its family or cluster of schools
- Promote links with the community through providing performances, classes and/or dance space for hire
- Raise the profile, reputation and standing of the school

This guidance was created using the headings within the [Artsmark Self-Assessment Tool](#): **Leadership, Curriculum Design, CPD, Pupil Engagement, Range of Offer, Partnerships, Equality & Diversity and Values & Ethos.**

One Dance UK is the Subject Association for Dance. We support schools and teachers to develop their dance provision through CPD, resources and our membership. We also advocate for dance in schools to government and other stakeholders, to ensure dance is a prominent, respected and valued subject in school.

Leadership

	How can dance be included or developed in the school.	How One Dance UK can provide support:	What might good dance provision look like?
Leadership	<p>The staff at the school will be supported to understand how quality dance teaching can help pupil's creativity, cultural awareness, health and well-being and provide cross curriculum links during pupils PE lessons and before/after school clubs.</p> <p>Develop teacher leadership by creating a position for a Dance Lead in the school or perhaps the PE Lead can also look at improving your arts provision through their dance sessions within PE.</p> <p>School Governor's are encouraged to read Dance Education: A Guide for Governor's and Trustees.</p>	<p>Using an audit framework from One Dance UK, the Dance Lead can identify the obstacles and weakness of delivering high quality dance in their school. With problems identified, One Dance UK can support with overcoming the issues by upskilling the Dance Lead's teaching practice through CPD, and through our membership; access to resources, lesson plans, assessment frameworks, discounted conference days. We have a great range of publications including Dance Education: A guide for Governors and Trustees, Dance In and Beyond Schools, supporting a Career and Open Days with A Guide to a Careers in Dance, as well as providing links with local dance organisations/agencies.</p> <p>Through the national U.Dance programme we can provide a resource pack and/or CPD for the Dance Lead to successfully run a performance event for pupils to be part of.</p>	<p>A PE/Dance Lead that values the importance of high quality dance teaching. This person or people will be leading on <u>whole school</u> CPD sessions to develop all teacher's skill set in dance. They will understand creative approaches to teaching and learning in dance, can use a range of strategies to inspire pupils, meet individual needs and allow all pupils to progress. They share passion, teaching practice, lesson plans, schemes of work and resources to fellow teachers and other schools.</p> <p>They plan and deliver a successful dance performance events involving a number of local schools, which can be registered with U.Dance Programme, a national UK network of local, regional and county performances of dance. Governors, as well as parents are encouraged to attend.</p>

Curriculum Design

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Curriculum Design	<p>A good curriculum allows pupils to have a board and balanced range of subjects, through inspiring and engaging lessons.</p> <p>Dance can provide an exciting vehicle for cross-curricular links, allowing students to understand and learn through a physical and creative embodiment of wider school subjects or topics.</p> <p>Dance Schemes of Work can develop knowledge, skills and understanding of performance, choreography and appreciation of dance/arts.</p>	<p>Through our membership One Dance UK can provide frameworks of learning, Schemes of Work, assessment tools, suggestions for cross curricular links and whole school activities to help Artsmark schools deliver high quality dance/cultural provision.</p> <p>One Dance UK can provide links with Dance agencies/venues to see live performances, as well as experiencing workshops by local artists.</p>	<p>Teachers develop varied and well structured Schemes of Work involving choreography, performance and appreciation that can be shared as good practice with other schools.</p> <p>They will give opportunities for pupil's self and peer assessment, through observing, reflecting and evaluating.</p> <p>Good dance teachers will be delivering dance through different mediums, for example watching live dance (site-specific and theatre), watching dance for camera/film or internet forms, recorded dance works and filming and playback of students work.</p> <p>They will have progression routes for talented students, with opportunities to develop and challenge high-ability students.</p>

Continuing Professional Development (CPD)

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CPD	<p>Teachers working in schools can develop and advance their dance teaching skills through CPD. CPD for dance teaching and learning can improve confidence for non-specialists to deliver creative lessons.</p> <p>Primary Schools can make use of the PE & School Sport Premium to pay for CPD for their staff.</p> <p>Dance based CPD can also provide a vehicle for teachers to develop their skills in other areas such as; supporting resilience in their pupils, providing strategies for involving disabled young people in PE and new ways of promoting the OFSTED required Fundamental British Values.</p>	<p>One Dance UK provides the following CPD to upskill teachers to confidently deliver dance;</p> <ul style="list-style-type: none"> - Introduction to Primary Dance - Develop Performance, Composition and Appreciation Skills in Primary Dance - Delivering Dance at Key Stage 3; Creative Responses to the National Curriculum - Approaches to Feedback in Dance - Creating Dance for Performance Researching, Planning and Delivering a Successful Youth Dance Performance Event - Raising Choreographic Standards for Performance - Rehearsing Dance for Performance - Level 3 Dance Award in Dance Delivery within PE by First4Sport <p>These CPD courses can be developed to suit the need of schools through twilight and online sessions. As well as guiding own professional development through watching, reading and taking part in dance.</p>	<p>Teachers take pride in getting and keeping up to date on dance teaching and learning knowledge/practice. They continually take responsibility for developing their own personal development.</p> <p>They understand creative approaches to teaching and learning in dance, can use a range of strategies to inspire pupils, meet individual needs and allow all pupils to progress. They share passion, teaching practice, lesson plans, schemes of works and resources to fellow teachers and other schools.</p> <p>They create opportunity for pupils to perform and choreograph and allow collaboration and performance platform with other schools.</p>

Pupil Engagement

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Pupil Engagement	<p>Dance is a fantastic way to engage lots of pupils in creative and physically active lessons.</p> <p>Alongside fun and creative dance lessons, pupils can perform at school to peers, teachers, parents, and friends through a dance showcase.</p> <p>There are also many other opportunities for schools to present their dance work in community spaces and professional theatres.</p>	<p>One Dance UK provides a national network of local, regional and county performances of dance through U.Dance Programme. Schools can register their performance event for free, allowing the school to receive a supportive resource pack, including certificates for performers. The event will then be part of a national network of dance performances.</p> <p>Schools with pupils aged 11 to 19, can also apply for U.Dance national youth dance festival, giving opportunity to perform at their regional dance agency platform and a national platform showcasing the very best of youth dance in the UK.</p>	<p>The school will be running regular dance performance events (e.g. Christmas Concert, End of Year Showcase etc.) ideally with a number of schools invited to take part. This allows opportunities for gifted and talented students to choreograph and be challenged with more advance movement vocabulary.</p> <p>The School will register their own event to be part of U.Dance – One Dance UK’s framework for dance performance that identifies four progressive stages – local, county, regional and national.</p>

Range of Offer

	How can dance be included or developed in the school.	How One Dance UK can provide support:	What might good dance provision look like?
Range of Offer	<p>As part of the full arts and cultural offer provided by the school, dance can play a key role.</p> <p>Straddling both physical literacy and artistic/creative learning, dance is uniquely placed to enhance the arts offer in a school.</p>	<p>Dance has a more long-term and deeper positive impact when taught by specialists. One Dance UK is here to support teachers to develop specialist skills in teaching dance and to support the dance knowledge and skills of the dance teacher. This is through CPD, training, member support and resources.</p> <p>One Dance UK is connected with many of the professional dance venues, organisations and performance companies across the UK and can make suggestions/sign-post schools to appropriate opportunities for pupils to see and experience dance outside of their school.</p>	<p>Schools are including opportunities for pupils to see live dance performances locally and where possible on high profile national stages.</p> <p>They engage with workshops provided by the dance companies they go to watch and make full use of the resources they offer.</p> <p>Dance teachers go and see dance performances. A staff outing could involve a trip to the theatre, including a post-show chat.</p> <p>The teachers are connected to local venue's school engagement networks.</p>

Partnerships

	How can dance be included or developed in the school.	How One Dance UK can provide support:	What might good dance provision look like?
Partnerships	<p>Dance provides a physical and creative activity for young people which can also build connections across generations. This can develop school's relationships with parents and the wider community.</p> <p>Dance performances and achievements can raise the profile of the school/the local area.</p> <p>Performance events can provide opportunity for people to come together to watch and participant in dance at local schools. This provides opportunities to showcase talent, teaching practice and facilities.</p> <p>Schools can build partnerships through their local dance organisations and/or Cultural Education Partnerships so that their pupils have access to a wider range of opportunities to see and take part in dance.</p>	<p>One Dance UK can provide links with dance organisations/venues to see live performances, as well as experiencing workshops by local artists.</p> <p>Being part of the free U.Dance programme is all about making connections and partnerships, so that young people get the chance to perform alongside young people from other schools or settings. This raises aspirations and provides opportunities to share ideas and best practice.</p>	<p>Schools work consistently in partnership with local dance agencies/venues, Bridge and cultural/arts organisations to ensure pupils have access to watch participate and make dance.</p> <p>These partnerships are sustained and mutually beneficial and the partners are able to evaluate progress and make changes to best meet the needs of the partnership.</p>

Equality & Diversity

	How can dance be included or developed in the school.	How One Dance UK can provide support:	What might good dance provision look like?
Equality and Diversity	<p>Dance gives pupils artistic and aesthetic understanding and cultural awareness. Pupils appreciate diversity in cultures, cultural values and traditions, understanding of signifiers of identity and physical empathy and understanding of difference.</p> <p>Dance can deliver issued based work, creating social and cultural cohesion by addressing Fundamental British Values as well as preventing extremism/radicalisation through appreciation of diversity. Dance can play a vital part in pupil's personal, social, health and economic education (PSHE) in a creative and stimulating way.</p>	<p>Through our membership One Dance UK offers a range of resources and lesson plans that provide diversity and cultural learning through dance.</p> <p>We can also offer advice in the area of diversity, including how to involve people from different backgrounds, including those with additional needs in dance activities and performances.</p>	<p>The school offers a curriculum which is balanced and broadly based; which promotes the spiritual, moral, cultural, mental and physical development of pupils (at the school and of society) and prepares students at the school for the opportunities, responsibilities and experiences of later life.</p> <p>Dance is used to allow pupils to express their own culture and traditions as well as gaining appreciation of diversity in other cultures, creating empathy and understanding of difference between people.</p>

Values & Ethos

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Values and Ethos	<p>Dance helps pupils to connect between feelings, values and ideas. Expressing meaning through signs, spatial design and body language.</p> <p>Dance qualifications such as GCSE Dance and BTEC Performing Arts can give opportunities for pupils to develop skills over a longer period of time.</p>	<p>One Dance UK can provide resources and CPD to upskill teachers to be able to offer GCSE/BTEC Dance during school time or as an extra-curricular activity.</p>	<p>Regular dance activity is used to improve and develop both mental and physical health of pupils.</p> <p>The school demonstrates they value pupil's interests and skills by offering dance as part of a wide variety of curriculum subjects.</p> <p>Pupils have access to GCSE and BTEC Dance qualifications and can use dance as part of their Arts Award.</p>



One Dance UK is the national support organisation and Subject Association for dance in school.

We are a membership organisation and have a tailor-made package for school teachers and schools to support their dance teaching across all Key Stages.

For more information go to: www.onedanceuk.org

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