



Snapshots

Time required

(mins)

5-10 minutes; additional
10-15 minutes for
the Extension



Key Stage 2

Learning outcomes

- ✓ I can understand, value and support what others are good at

Preparation time

None

Resources needed

None

I Am Excellent!

This short warm-up is a fun way to reinforce class cohesion and individual confidence.

What happens

1. Pupils and teacher stand in a circle.
2. Ask pupils to turn to the person on their right, think about something that person is excellent at, and then tell them.
 - Provide some examples or categories, e.g. sports, arts, personal qualities, school subjects, friendship qualities
3. Go around the circle, with each person saying the person's name and their excellent quality, e.g., 'Walid is excellent at listening.' Encourage pupils to explain either why they think this or when they noticed the particular pupil showing this. e.g. 'I noticed Walid listening really well in P.E. which meant he knew how to do the activity.'
4. Ask pupils to do the same thing with the person on their left. Repeat introductions.

Reflection questions

- Did you know that you were 'excellent' in these areas?
- How did it feel to have one of your classmates describe you as being excellent?
- Did you learn something about yourself that you hadn't noticed before?
- What did you learn about your classmates/friends that you didn't know before?

Extension

1. Ask pupils to remember what others have said they're excellent at and who told them.
2. On a colourful and/or shaped piece of paper (e.g., a star, a heart) ask them to write their name at the top and then, in quotations, their excellent qualities and who told them: 'You are an excellent listener – James'.
3. Post these in the room as confidence builders

This activity works well with

- Alternative Self-Portraits (Selfies)
- Superheroes of the Future (Selfies)